



a
member
of



Ethnic Minority Services

Wai Yin Chinese Women's Society

66-68 Swan Street M4 5JQ

Tel: **0161 833 0377**

Email: info@waiyin.org.uk

Website: www.waiyin.org.uk

Monday to Thursday 9.30am-5.30pm

This is a Carers Centre that specialise with Chinese carers. They also support any carer from any background/religion both men and women. Their services include:

Chinese Elderly Carer's Support

- Services that give the carer a break
- Home visits and befriending service
- Emotional support
- Benefits advice
- Festival celebrations
- Interpretation, translation, letter reading and form filling

Pulling Together Asian Women's Group

Tel: **0161 912 4657** or **0773 973 1786**

Website <https://pullingtogethergroup.wordpress.com/previous-projects/made-in-trafford/>

Enable young Asian women and Asian women with children to participate in arts and cultural activities. They offer a wide range of weekly activities for Asian women and children.

Pulling Together meets each Friday from 6.00pm – 8.30pm at Harry Lord House, 120 Humphrey Road, Manchester M16 9DF.

LMCP Care Link

95 Princess Road, Manchester, M14 4TH

Website: www.lmcpcareslink.co.uk

Tel: **0161 226 4632**

LMCP care link work with Asian people over the age of 60. The services offered by LMCP include:

- Visit older people in their homes to offer advice and information.
- Inform them of services available to them in Manchester.
- Provide them with practical help.
- Discuss social and health care services with staff.

Afro Caribbean Care Group For the Elderly

Claremont Resource Centre, Rolls Crescent, Hulme, Manchester M15 5FS

Tel: **0161 226 6334**

Indian Senior Citizen's Centre

16-18 Whalley Road, Whalley Range M16 8AB

Tel: **0161 232 7994**

Email: iscc@talk21.com

Website: www.iscc-manchester.org

Is for Indian senior citizen's over 55 years old.

The languages spoken at the centre are; Gujarati, Hindi and Urdu.

BHA—Equality in Health and Social Care

Democracy House, 609 Stretford Road, Old Trafford, Manchester, M16 0QA

Tel: **0845 450 4247**

Website: www.thebha.org.uk

Email: info@thebha.org.uk

BHA is the health and social care charity which exists to challenge health inequalities and support individuals, families and communities to improve their health and wellbeing.

Manchester Bangladeshi Women's Organisation

360, Dickenson Road, Longsight, Manchester M13 0NG

Tel: **0161 257 3867**

Provides advice and support regarding employment, welfare rights, health and education. They have a range of different sessions and courses for the Bangladeshi community. They offer drop-in sessions that are held Monday to Friday 8.30am-3.30pm.

Manchester Jewish Federation

North Manchester) Heathlands Drive, Prestwich, Manchester, M25 9SB

(South Manchester) 207A Ashley Road, Hale, Cheshire, WA15 9SQ

Tel: **0161 772 4800** (North Manchester)

Tel: **0161 941 4442** (South Manchester)

Website: www.thefed.org.uk

Provider of advice, support and care for Jewish People living in Greater Manchester.