



BEREAVEMENT SUPPORT FOR CHILDREN AND YOUNG PEOPLE

Teenage Grief Sucks

Grief support by and for teens:

www.teenagegriefsucks.com

Child Bereavement UK

Offering support when a child grieves or when a child dies. Support for children and young people (up to 25):

0800 02 888 40 | helpline@childbereavementuk.org or Live Chat via:

www.childbereavementuk.org

Hope Again

A Cruse Bereavement website specifically set up for young people:

<https://www.hopeagain.org.uk/hope-again-talking-about-it>

Winston's Wish

Support for anyone up to the age of 25 via referral. Also for on demand support services (24 hour) via call/text/email:

www.winstonswish.org

Childline

Available to anyone up to the age of 19. Call them free, have a 1-2-1 chat online or send an email: www.childline.org.uk / 0800 11 11

Once Upon a Smile

Manchester based charity offering bereavement support for children when a sibling, parent, guardian or grandparent has died. They offer support groups, 1-2-1 support, financial support and creative programmes: 0161 711 0339 / www.onceuponasmile.org.uk/

Elsie Ever After

Cheshire based charity signposting families to bereavement support and providing bereavement packs for children: elsieeverafter@hotmail.com / www.elsieeverafter.org.uk

Respect for All

Counselling services for Autistic and/or Learning Disabled People and their Families and Carers living in Greater Manchester: <https://www.respectforall.org.uk/>

If you would like some information about exercise, nutrition, music and art for wellbeing, please visit [our website](http://www.fullcirclefunerals.co.uk). www.fullcirclefunerals.co.uk